

Please find our suggestions below... However, we are happy to tailor make the order to suit your needs so please don't hesitate to ask.

If you have vegan, vegetarian and/or gluten free wishes, please let us know and we will be happy to accommodate.

O L in the mood to cook menu

More ideas?

Feel free to check the "Business Delivery" document n our web site : www.food-to-go.be or talk to us directly!

Orders taken from Monday to Thursday via email (info@food-to-go.be) or WhatsApp message (+32 475 71 07 78). Delivery by our partner "Bambino Express" (15€) or pickup at "l'Atelier" on Friday, Saturday or Sunday from 9:30 AM to 12:30 PM.

Hummus

"Chickpeas, tahini (sesame), cumin, coriander, lemon, oregano, olive oil "

Tzatziki

"Greek yogurt, cucumber, garlic, dill, olive oil, red wine vinegar "

Kalamata Olive Tapenade

"Kalamata" olives, flat-leaf parsley, oregano"

Eggplant Caviar

"Roasted eggplants, cumin, lemon juice and zest, tahini (sesame), mint, flat-leaf parsley"

7€ per 200 g

Spanakopita (spinach and feta pastry)

In a half gastro tray (325mm / 265mm) To bake: ±25 minutes at 180°C - 30€

Cheese Croquettes

"Chimay and Passendale cheese, milk, flour, butter, panko" To fry - Minimum order: 10 pieces - **5€ each**

Grey Shrimp Croquettes

"Milk, flour, butter, panko"
To fry - Minimum order: 10 pieces - 6€ each

Pasteis de Bacalhau (portuguese cod fritters)

"Cod, potatoes, eggs, onions, parsley"
To fry - Minimum order: 10 pieces - 1,80€ each

Salads "Seasonal products and chef's inspiration" 30€ / Kg

Seasonal Quiches

Pre-cooked - ±15 minutes at 180°C - 30€ / each

Traditional Moussaka

"Ground beef and veal, zucchini, eggplants, potatoes, Emmental cheese, milk, flour, eggs In a half gastro tray (325mm / 265mm) (8 parts)" Pre-cooked - ±20 minutes at 180°C - **62,40€**

Vegetarian Lasagna

"Spinach, ricotta, tomatoes, flour, milk, butter, eggs In a half gastro tray (325mm / 265mm) (8 parts)" Pre-cooked - ±20 minutes at 180°C - **59,20€**

Bolognese Lasagna

"Ground beef and veal, Emmental cheese, flour, milk, butter, eggs" Pre-cooked - ±20 minutes at 180°C - **59,20€**

Salmon Lasagna

"Fresh salmon, leeks, flour, milk, butter, eggs" Pre-cooked - ±20 minutes at 180°C - 62,40€

Vacuum-Packed Cakes

"Carrot-walnut, lemon-Greek yoghurt, apple-speculoos, pear-almond,banana-walnut" "Eggs, flour, sugar, sunflower oil" To bake: ±48 minutes at 170°C - 16€

Gluten-Free Dark Chocolate Cake "Eggs, butter, sugar, 54% dark chocolate" 28€

Pecan Brownie

"Eggs, butter, flour, cocoa, 54% dark chocolate, pecans" In a tray (6 to 8 pieces) - **14€**

Gluten-Free Flapjack

"Certified gluten-free oats, butter, cane sugar, almonds, dried apricots" In a tray (6 to 8 pieces) - 14€

Chocolate Mousse

"Eggs, butter, 54% dark chocolate" ±8 people - 30,60€

Speculoos Tiramisu

"Eggs, mascarpone, speculoos, coffee, almond essence, cocoa" ±8 people - 30,60€

6% TVA COMPRISE